

LSTA Training Sessions – 2018

Week	Monday	Thursday
	Adults & Seniors	Juniors
Information Evening	Thursday 15 March	
Week 1	23.Apr	26.Apr
Week 2	30.Apr	3.May
Week 3	7.May	10.May
Week 4	14.May	17.May
Week 5	21.May	24.May
Week 6	28.May	31.May
Week 7	4.Jun	7.Jun
Week 8	11.Jun	14.Jun
Week 9	18.Jun	21.Jun
Week 10	25.Jun	28.Jun
Week 11	2.Jul	5.Jul
Week 12	9.Jul	12.Jul
Week 13	16.Jul	19.Jul
Week 14	23.Jul	26.Jul
Week 15	30.Jul	2.Aug
Week 16	6.Aug	9.Aug
Summer Course	6 - 10 August	
Week 17	13.Aug	16.Aug
Week 18	20.Aug	23.Aug
No Training	25 August - 1 September (Largs Regatta Week)	
Week 19	3.Sep	6.Sep
Week 20	10.Sep	13.Sep
Cadet Regatta	15 - 16 September	
October Course	16 - 18 October	